December Calendar

COMMISSION MEETING IS TUESDAY, DECEMBER 13, 2005 AT 8:00 PM

Education Committee........First Tuesday of the month, at 7:00 pm (12/06/05)

Parks & Recreation Committee......Third Thursday of the month, at 7:00 pm (12/15/05)

Planning & Zoning Board12/27/05 Rescheduled to: 01/03/06 at 7:00 pm

Tourist Bureau,.......Monday, December 19, 2005 at 9:30 am

PUBLIC WORKSHOP

"Home Size and Neighborhood Compatibility"

Tuesday, December 13, 2005 at 7:00 pm Town Hall, 2nd Floor Commission Chambers

Holiday Hours:

Saturday, December 24 Saturday, December 31 Monday, January 2

Town Hall and the Surf-Bal-Bay Library will be CLOSED. Tennis Center will be CLOSED, unless ADVANCE COURT RESERVATIONS are made.

Regularly scheduled Recreation Department classes will not be held.

The Community Center and Pool will be CLOSED on Christmas Day (Sunday, December 25), but will be OPEN 9:00 am – 5:00 pm throughout the remainder of the holidays, including New Year's Day.

NEW YEAR'S EVE GALA SATURDAY, DECEMBER 31, 2005 Community Center – Poolside, 9:00 pm – 1:00 am.

Please note that all times & dates listed, except Town Commission meetings, are tentative and subject to change. Please verify the information by contacting Town Hall at (305) 861-4863, or visit our Website at www.townofsurfsidefl.gov for updates..

TOWN COMMISSION

TIMOTHY WILL MAYOR
FRANK MACBRIDE VICE MAYOR
RUBEN COTO COMMISSIONER
ORESTES JIMENEZ COMMISSIONER
STEVEN LEVINE COMMISSIONER

EMERGENCY ONLY

FIRE/POLICE (305) 861-1115 ALL OTHER: (305) 861-4862

TOWN OFFICIALS

JEFF SMOLANSKY
BEATRIS ARGUELLES
STEPHEN H. CYPEN
LAWRENCE BOEMLER
TOWN ATTORNEY
POLICE CHIEF

TOWN E-MAIL barguelles@townofsurfsidefl.gov

BUSINESS NUMBERS

TOWN HALL (305) 861-4863
COMMUNITY CENTER (305) 866-3635
TENNIS COURTS (305) 866-5176
TOURIST BUREAU (305) 864-0722
LIBRARY (305) 865-2409
SURFSIDE POLICE DEPARTMENT (305) 861-4862

TOWN OF SURFSIDE

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DECEMBER 2005



Surfside Town Gazette

9293 Harding Avenue

Surfside, Florida

December 2005



Season's Greetings!



FROM THE MAYOR'S CORNER

Dear Surfsiders,

On December 11th the Surfside Parks and Recreation Department will host a Holiday Extravaganza at Community Center. Highlights will include Santa's arrival and there will be "Snow on the Beach" for additional fun. I encourage you to come out, join your neighbors - let's celebrate the season together. The New Year's Eve Gala will be held poolside, at the Community Center starting at 9:00 p.m. It also offers our community an opportunity to come together and welcome in 2006, complete with dancing, refreshments and fireworks

I would like to thank the Commissioners and Town Staff for their exceptional work throughout Hurricane Wilma. Vice Mayor MacBride, Commissioner Jimenez, Acting Police Chief Shawn P. O'Reilly and Public Works Director "Chip" Cohen come to mind when I recall the leaders of the Wilma recovery. The Police and Sanitation Departments both performed way beyond the call of duty, as they removed obstacles from the roads, identified hazards and delivered ice, medicine and food to Surfside's residents. Thanks to their dedication, our streets were safe and our community was well cared for.

All residents of Surfside need to be aware that they may experience some inconvenience during the upcoming, scheduled public facilities projects. The Town will begin a street repaving program shortly. The contract is being finalized. All residential streets in

Surfside will be resurfaced. A project to clean and video the entire sewer system has already begun. This project will identify current and incipient sewer repair projects. Soon, the Town will be replacing the pipes in its aging water system. The nature and duration of these projects will require cooperation and patience from all of us. The Florida Department of Transportation is finalizing plans to redo the Harding Avenue drainage system. Once the work begins, any major or undue inconvenience should be brought to my attention at mayor@townofsurfsidefl.gov. Keep up to date on improvements at www.townofsurfsidefl.gov.

The Community Center Renovation Project is moving forward. The trailers, in which the current library will be temporarily housed, have been ordered and should be delivered in late

Cont'd on Pg. 4

HURRICANE WILMA REPAIRS: SURFSIDERS BEWARE OF UNLICENSED CONTRACTORS

In the aftermath of Hurricane Wilma, if you sustained any property damage, please remember to use a <u>licensed contractor for any repairs</u>. This is for the protection of all Surfside residents. It is unfortunate that disaster situations often unleash a myriad of shady, predatory, unqualified individuals who will, in their attempt to make a quick buck, misrepresent themselves to the unsuspecting public as competent in their field, when in fact they are not

licensed or capable of performing the services that they offer for hire. This is particularly prevalent in the roofing industry.

The Building Department is available to assist you and will make every effort to expedite the permit process. Please do not hesitate to contact the Code Compliance Department at (305) 861-4863 if you have any questions on whether the repairs to your home require a permit.



The Town of Surfside gratefully acknowledges the generosity of the office of Miami-Dade Commissioner Sally Heyman during this holiday season.



SURFSIDE COMMISSION HIGHLIGHTS



1. TOWN MANAGER'S REPORT

The Town Manager updated the Town Commission on the post-Wilma clean up, noting that the Public Works Department and the Police Department did an excellent job in the days following the hurricane. He mentioned that there were trucks in Town removing debris the day after Wilma hit.

The Town Manager reported that there was a delay in getting the November Newsletter published due to the Hurricane.

The Town Manager reported that the process of making the required cable connections to begin video broadcasting of the Town Commission meetings by Atlantic Broadband was delayed due to the Hurricane, but that the first broadcast of the Surfside Town Commission Meetings will most likely be in January.

The Town Manager reported that there is a Walking Path Workshop scheduled for November 15th at 6:00 p.m. in the Town Commission Chambers.

Also delayed due to Hurricane Wilma, was the deadline for submittal of proposals for Architecture Services for the Renovation and Expansion of the Community Center and Library Facilities. The deadline was extended to Tuesday, November 15, 2005.

The Town Manager announced that he is meeting with vendors for the purchase of a new Street Sweeper and anticipates the purchase to be completed by the end of December.

Regarding the Landscape Architect, the Town Manager will negotiate a contract for approval by the Town Commission at the December Meeting.

The Town Manager is currently working on negotiating a contract for cleaning up the sanitary sewer lines. He noted that part of the project would include video of the lines at a cost of \$250,000.

Regarding the Gating Committee, the Town Manager announced the Committee would be meeting over the next few months and making a recommendation to the Town Commission.

The Town Manager announced that the Town will be receiving approximately \$800,000 from the Community Bond Program. The funds will be used to replace water and sewer pumps in the Town. He noted that the need for capacity of the current stations has dramatically increased. The Town will be going out to bid for the project in December.

The Town Manager also announced that Request for Qualifications (RFQ's) would be solicited for a consultant to begin the parking design project within the next few weeks.

Regarding his employment agreement, the Town Manager announced that he will not be renewing his contract in January. He praised the Town staff for their efforts during his tenure and he expressed appreciation to the Town Commission and residents for giving him the opportunity to serve the Town.

In other matters, the Town Commission voted on the following:

2. A Resolution of the Town of Surfside, Florida, providing for the fiscal year 2005/2006 police confiscation fund expenditure in the amount of \$3,666.67

to be funded by proceeds of confiscated funds. **VOTE: UNANIMOUS**

- 3. A Resolution of the Town of Surfside, Florida providing for the fiscal year 2005/2006 police confiscation fund expenditure in the amount of \$1,650.00 to be funded by proceeds of confiscated funds. **VOTE: UNANIMOUS**
- 4. An Ordinance of the Town of Surfside, Florida, amending Chapter 90 "Zoning," of the Town Code by amending Section 90-37 "Permits, Plats and Filing Fees" by deleting Section 90-183 "Fences, Walls and Hedges" by amending Section 90-194 "Landscaping Requirements" to revise requirements for the installation and maintenance of landscaping and open space in the Town; providing penalties for violations of this ordinance; repealing all ordinances or parts of ordinances in conflict herewith; providing for inclusion in the Code; and providing an effective date. VOTE: CARRIED 4 - 1.
- 5. The Town Commission also considered a motion to stay the action on the Community Center including the passive Park and the Library until there is a referendum on the new Community Center and/or the general election of March 2006, whichever comes first. **VOTE: FAILED 2 3.**

Notice Of a Public Workshop



"Home Size and Neighborhood Compatibility"

Tuesday, December 13, 2005 at 7:00 p.m.

Surfside Municipal Building 9293 Harding Avenue 2nd Floor Commission Chambers December 2005 Town of Surfside Page 11

SURFSIDE POLICE DEPARTMENT PROUDLY HONORS...



(L to R) Acting Surfside Police Chief Shawn P. O'Reilly, Miami-Dade Police Chief Glenn Theobald and Miami-Dade Police Lieutenant Bill Erfurth

On the evening of Tuesday, November 8, several police officers from the Street Tactics Intervention Group (STING) were recognized for their outstanding crime fighting efforts. Chief Glenn Theobald and Lt. Bill Erfurth of the Miami-Dade Police Department were also present and accepted the Unit Citation from the Surfside Police Department, and a Proclamation from Surfside Mayor Tim Will and the Town Commission. Since its inception in March 2005, STING has been responsible for more than 1800 arrests in Northeast Miami-Dade County. This team of local, state and federal officers combats street level criminal activity that affects the residents of Northeast Miami-Dade County and surrounding municipalities. The task force has been instrumental in reducing crime.

PSA Wanda Flores was presented



Acting Surfside Police Chief Shawn P. O'Reilly & Public Service Aide Wanda Flores



(L to R) Miami-Dade Commissioner Sally Heyman and the Surfside Town Commission, with police officers from the Street Tactics Intervention Group (STING)

with a Meritorious Service Award for her relentless efforts to coordinate and assist special needs persons in Surfside during the recent storms. Driven by a genuine compassion and concern for others, she worked tirelessly to ensure that the residents of the community who have critical and personal requirements above the norm, were taken care of. These arrangements included finding sources of electricity to maintain oxygen use, or the cooling and storage of life saving medications. Wanda's efforts during Hurricanes Katrina and Wilma were indeed exceptional.

SURFSIDE POLICE "OFFICER



OF THE MONTH" AWARD

Officer Woodward Brooks is assigned to the Surfside Police Department's Traffic Safety Unit. Officer Brooks has also been tasked with traffic related drug interdiction as part of a grant aimed at reducing the volume of drugs moving through our communities in motor vehicles. Officer Brooks has made several drug

interdiction arrests during the reporting period. In addition, Officer Brooks made 8 DUI arrests and wrote more than 1300 traffic citations. His continuing efforts make Surfside a safer place to live and visit.

A hearty thank you and congratulations is extended to Officer Brooks!



Acting Surfside Police Chief Shawn P. O'Reilly & Police Officer Woodward Brooks

SURFSIDE UNVEILS NEW INFORMATION RESOURCE



The Town of Surfside has recently added a new resource designed to tool, assist residents to obtain information about local, County, products and services. The kiosk is located in the lobby of Town Hall. It is a

self-serve computer which enables consumers to have high speed Internet access to view a variety of public records of the Town of Surfside, as well as other government agencies. The kiosk is currently up and running. It is presently open for business 24 hours a day, 7 days a week. The range of items for access and viewing will constantly be expanded.



(L to R) New Surfside Residents Iris Saco and Marta Canals use the Lobby Kiosk

"WORKING AT THE CAR WASH..."



Acting Surfside Police Chief Shawn P. O'Reilly "directs" car wash customers

A Car Wash was held on Saturday morning, November 19 to raise disaster relief funds for the American Red Cross. Kudos are extended to the hard-working team on the soap and hose brigade, namely, the volunteer Girl and Boy Scouts. Acting Police Chief, Shawn P. O'Reilly, took to the streets and "directed" customers to the car wash site in the municipal lot at 94th and Harding Avenue. The **Surfside Publix Supermarket** generously donated water and soda to the charitable event.

Invaluable assistance was also provided by Surfside Police Public Service Aides Leo Miranda and Wanda Flores. Commissioner Steven Levine reported that "the support from local residents was tremendous and everyone who contributed to the success of the day is to be thanked. In addition to the nice donation that will be sent to the American Red Cross, students earned community service hours and had a lot of fun working together to collect money for a great cause."

CODE COMPLIANCE PROCEDURES

- Residents are reminded that all **tree** cuttings must be removed by the person, landscaper or contractor providing the service. **The Town is not responsible for removal of this material.**
- If a resident does his or her own tree trimming, please stack the landscaping material and place it on the **public right-of-way.** Please do not store it on the street as this creates traffic and safety hazards.

Your cooperation is greatly appreciated.



Surfside resident Rob Silvagni "assists" local Girl and Boy Scout volunteers

December 2005 Town of Surfside

SURF-BAL-BAY LIBRARY

College Financial Aid Information Now Available!



The Library currently has Free Application for Federal Student Aid (FAFSA) on the Web Worksheets. This Internet site provides students (and parents) all the information necessary to apply, on-line, for Federal and/or State educational financial aid.



Storytime: 2nd Tuesday of the month from 10:00 a.m. - 11:00 a.m. NOTE: The library is closed to the general public at this time, so be sure to knock on the Library door to gain entrance.

For your reading pleasure...

New Non-Fiction Books:

• The Year of Magical Thinking by Joan Didion - feelings about personal loss and mourning

New Fiction Books:

- Consent to Kill by Vince Flynn edge of the seat thriller antiterrorism
- Toxic Bachelors by Danielle Steel confirmed bachelors, romance, maybe a change of heart?

Children's Books:

- The Scarecrow and his Servant by Philip Pullman A scarecrow comes to life after being struck by lightning
- The Penultimate Peril (A Series of Unfortunate Events #12) by Lemony Snicket

Seasonal Selections:

Christmas:

- The Martha Stewart Living Christmas Cookbook
- The Ultimate Southern Living Christmas Book
- When Christmas Comes by Debbie Macomber
- The Christmas Hope by Donna VanLiere

Kwanzaa:

- Kwanzaa: A Celebration of Family. Community and Culture by Maulana Karenga (The Creator of Kwanzaa)
- Kwanzaa by Dorothy Rhodes Freeman & Dianne M. *MacMillan* (A childrens' book about celebrating Kwanzaa)

Channukah:

- The Children's Jewish Holiday Kitchen by Joan Nathan
- Selected Short Stories of Isaac Bashevis Singer

On DVD:

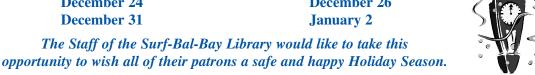
- Chanukkah & Passover at Bubbe's
- Baby Santa's Music Box (Baby Einstein)
- Frosty the Snowman
- The Night Before Christmas

Holiday Hours



The Surf-Bal-Bay Library will be CLOSED:

December 24 December 31 December 26





2005 IN REVIEW

Fond retirement farewells... Police Motorcycles Bicycle patrols... Foot Patrol Officer... Public Workshops (Business District, Gating)... Hip Hop Jazz... Kidokinetics... Yogalates... Storytime... the Three Tenors... Community Center Project... Easter Egg Hunt... The Cloggers... Baynanza... Expanded Pool Hours... Crime Prevention Workshops... New Construction Committee... Lifeguard Training... Chess... B1 Business District Zoning Code Review... National Crime Prevention Council's "McGruff the Crime Dog"... Safety Messages... Comprehensive Landscaping Code... Junior Introduction to Tennis... Tropical Island Night... Compost Training... Traffic Citations... BetterPlace... Memorial Day... Surfside Police "Fulfilling A Wish"... Summer Camp... Movie Under The Stars... July 4th Fireworks... Wannado City... www.townofsurfsidefl.gov... Police Promotions and Hirings: Lieutenants,

Mayor's Corner Cont'd from Pg. 1

December. The library must be relocated before the renovation can begin.

I end by telling all of you how proud I Hurricane Wilma am to serve you. brought out the best in people. I saw neighbors talking to each other, some for the first time. I witnessed tremendous acts of charity, kindness and concern as we cared for each other in the days following Wilma. These are the things that you and I should never forget. These are the things that matter.

I, Vice Mayor Frank MacBride and Commissioners Orestes Jimenez, Steven Levine and Ruben Coto wish everyone a safe and joyous holiday season.

Tim Will Your Mayor

Sergeants, New Officers... "Back to School "Drug and Safety Awareness Day... Summer Luau... Surf-Bal-Bay Police Athletic Activities League (PAL)... Pancake Breakfast... Parrot Jungle... DJ Dance Party... Florida Marlins Night... Special Commission Meeting... Programs... Budget Hearings... Hurricane Katrina... Senior Programs... Hurricane Rita... Surfside Garden

Club... Traffic Circles... Hurricane Wilma... Halloween Spooktacular... Ice and Water... Collins Avenue Drainage Improvement Project... Jump Rope... Surfside Fraternal Order of Police Contract... FEMA claims... American Red Cross... SEGWAY vehicle... Veterans' Day... Beach Walking Path...Car Wash... Snow on the Beach...Town Hall Lobby KIOSK... Winter Camp... New Year's Eve Gala.

NEW YEAR'S EVE GALA



Saturday, December 31, 2005

9:00 pm - 1:00 am **Community Center - Poolside**



Exclusively for Surfside residents and Surfside Hotel guests

Favors – Refreshments – Music Dancing - Champagne - Fireworks - Special Children's Activities

Admission by advance ticket only. No ticket at door. No general admission.

Surfside residents can pick up <u>free</u> advance tickets, with identification, from the Recreation Department office beginning December 10th, from 1:00 pm - 5:00 pm. Limit four tickets, with an option of purchasing two additional tickets at \$15.00 each.

Tourists must be registered at a Surfside resort and can obtain free advance tickets from their individual hotels. For further information call (305) 864-0722

> Please Note: There is no admission to the beach during the fireworks display.



December 2005 Town of Surfside

Teen Tennis Classes

Ages: 13 - 15December 6 - December 27 Tuesday 7:30 - 8:30 pm

Junior Tennis Classes

December 6 - December 27 **Tuesday** Ages: 10 - 126:30 - 7:30 pm

Fees: Are dependent on the number of participants.

Tiny Tot Tennis Classes

December 7 - December 28 Wednesday Ages: 5 - 7 7:30 - 8:30 pm



NEW PROGRAM!!!

Advanced Adult Doubles

This class offers a chance for participants to enjoy an hour and a half of playing time with a tennis professional. Reservations required by 9:00 pm on the Friday prior to the Tuesday session.

Tuesday Adult December 6 - December 27 7:30 - 9:00 pm

Fees: (\$15 per class / \$60 for four classes - Includes: Court Fee, Professional Players Fee, and Tennis Balls)

Gift Certificates are available

For more information please call the Tennis Center at 305-866-5176

BEACH WALKING PATH: Public Workshop Highlights

On Tuesday, November 15 a Public Workshop was held to consider options for the Beach Walking Path and glean feedback from area residents. workshop was facilitated representatives from Coastal Systems International, an environmental and civil engineering firm with a wealth of experience stemming from involvement in a variety of South Florida beach projects. The consultants prepared



delivered a and complimentary and comprehensive presentation which examined possible surfaces, uses, design suggestions, landscaping lighting criteria, permitting realities,

DERM and Fish and Wildlife requirements, security devices, costs and potential funding sources. This project

will be discussed at the December Town Commission meeting.



CITIZEN'S ADVISORY



for Florida Contractors the Department of Transportation (FDOT), have begun a minor Drainage Improvement Project along Collins Avenue between 93rd Street and 94th Street. The intent of this project is to enhance storm water drainage on the road in this area.

Once the drainage is completed, the contractor will restore the roadway, sidewalks, curb, gutter and driveways that have been affected by this work.

Access to adjacent residences will be maintained at all times except when project-related work requires closing an area temporarily.

This work is expected to take approximately six weeks to complete.

If you have any questions regarding this project, please contact the CEI Project Engineer John Hart at (305) 654-7189, or call the project Public Information Manager, Tish Burgher, at (305) 499-2391.



Surfside Community Center December Pool Hours of Operation



Sunday through Saturday 9:00 am - 5:00 pm

HOLIDAY SCHEDULE

The Pool will be CLOSED on Christmas Day (Sunday, December 25) but will be OPEN 9:00 am – 5:00 pm throughout the remainder of the holidays, including New Year's Day.

December Game Room Hours



Monday - Friday 2:30 pm - 5:00 pm Saturday & Sunday 10:00 am - 5:00 pm



Surfside Tennis Center

REGULAR HOURS OF OPERATION:



Friday and Sunday Advance Reservation Required

Holiday Schedule:



The Tennis Center is Closed on the following days unless Advance Court Reservations are made:



Saturday	December 24	Christmas Eve
Sunday	December 25	Christmas Day
Saturday	December 31	New Year's Eve
Sunday	January 1	New Year's Day





RECREATION DEPARTMENT



Area Veterans share their stories

Area residents paid their respects to our country's servicemen and women on November 11th. Mayor Tim Will officiated at the Veteran's Day salute. Vice Mayor Frank MacBride addressed the crowd, as did Commissioners Steven Levine and Orestes Jimenez. Commissioner Ruben Coto led the Cub



Mayor Timothy Will, Tourist Bureau

Director Ruth Gardner, Surfside residents

Dorie Lurie and Rita Liebowitz

Scouts Pak 320 and Commissioner Jimenez gave the closing Benediction. The Town offers special thanks to the Junior ROTC from Miami Beach Senior High for the Presentation of Colors, Dr. Priscilla Whitehead, of the Church by



Surfside residents pay their respects

the Sea, who delivered the Invocation, JamieLynn Urquhart for singing the National Anthem, Jennifer Dusek for performing Taps, Abraham Levine for the Laying of the Wreath and all the area veterans who kindly shared their stories.

ATTENTION SURFSIDERS:

An Important Programming Update

The Parks and Recreation Department will hold scheduled programs through the end of December. In January, we will continue to host our programs in our temporary location. Please refer to the Town Gazette and Website www.townofsurfsidefl.gov for further information.

HOLIDAY SCHEDULE:

The Community Center and Pool will be CLOSED on Christmas Day (Sunday, December 25) but will be OPEN 9:00 am – 5:00 pm throughout the remainder of the holidays, including New Year's Day. Regularly scheduled Recreation Department classes will not be held on the following dates:

Saturday, December 24 • Monday, December 26 Sunday, December 31 • Monday, January 2

Teen Programs

On the first and third Saturday of each month

All Teens 12 - 16 years old

Are invited to join the Surfside Parks and Recreation Department for: Cosmic Bowling • Scavenger Hunts • Movies and more!

Cost & Hours: Will vary depending on activity destination, associated fees and park or event hours

Parents must register their teen(s) at the Surfside Community Center on the Monday <u>prior</u> to the Saturday event.



Senior Programs

Last month, the Surfside Community Center began hosting a morning of activities for our senior residents. Join your friends and neighbors every Wednesday, between the hours of 10:00 a.m. and noon, for dominoes, cards, board games, mah-jongg, and more! All activities are free. Coffee and light refreshments are served.

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December Programs

Beginner Chess Program: Resident \$45 / Non-Resident \$65 (per child 8 weeks = 8 classes)

This program is for children that want to learn how to play chess or for children who are familiar with the game and want to improve on their abilities in a fun learning environment.

Note: Registration in Progress.

Saturday (Session II) October 15 - December 10

No Class November 26 - Thanksgiving Weekend

Ages: 6 - 12 years Noon - 1:00 pm Advanced Ages: 6 - 12 years 1:00 - 2:00 pm

Arts and Crafts: Resident \$40 / Non-Resident \$60 (per child 8 weeks = 8 classes)

Join the fun with this instructional Arts and Crafts program for kids. Children will create projects with paper, fabric, and other age appropriate media. Classes are taught by certified teachers.

Saturday (Session II) October 15 - December 10 Ages: 3 - up

No Class November 26 - Thanksgiving Weekend

Surfside Community Center Adult Classes and Programs

Yogalates: Resident \$40 / Non-Resident \$65 (per person 8 weeks = 8 classes)

Yogalates integrates exercise from Yoga and Pilates. The results are increased flexibility, stronger core strength, and greater overall power and grace. This is an effective and challenging workout for all ages and fitness levels. **Note: Registration in Progress.**Thursday (Session V)

October 20 - December 15

7:00 - 8:00 pm

No Class November 24 - Thanksgiving Holiday



10:45 - 11:45 am

Yoga: Resident \$20 / Non-Resident \$33 (per person = 4 classes)

Enjoy invigorating and relaxing yoga classes while engaging in techniques that benefits your mind, body, and spirit. You will learn proper breathing exercises and relaxation methods long associated with this proven ancient tradition. **Note: Registration in Progress.**

Monday (Session II) **November 28 - December 20** 7:00 - 8:00 pm

Pilates: Resident \$40 / Non-Resident \$65 (per person 8 weeks = 8 classes)

Extended Session: Resident \$15 / Non-Resident \$25 (per person = 3 classes)

Pilates focuses on core strengthening (abdominals) and helps reshape the body by creating long, lean muscles.

It also helps to strengthen the back muscles and increase flexibility. Note: Registration in Progress.

Tuesday (Extended Session) **December 6 - December 20** 7:00 - 8:00 pm Wednesday (Session II) **November 2 - December 21** 7:00 - 8:00 pm